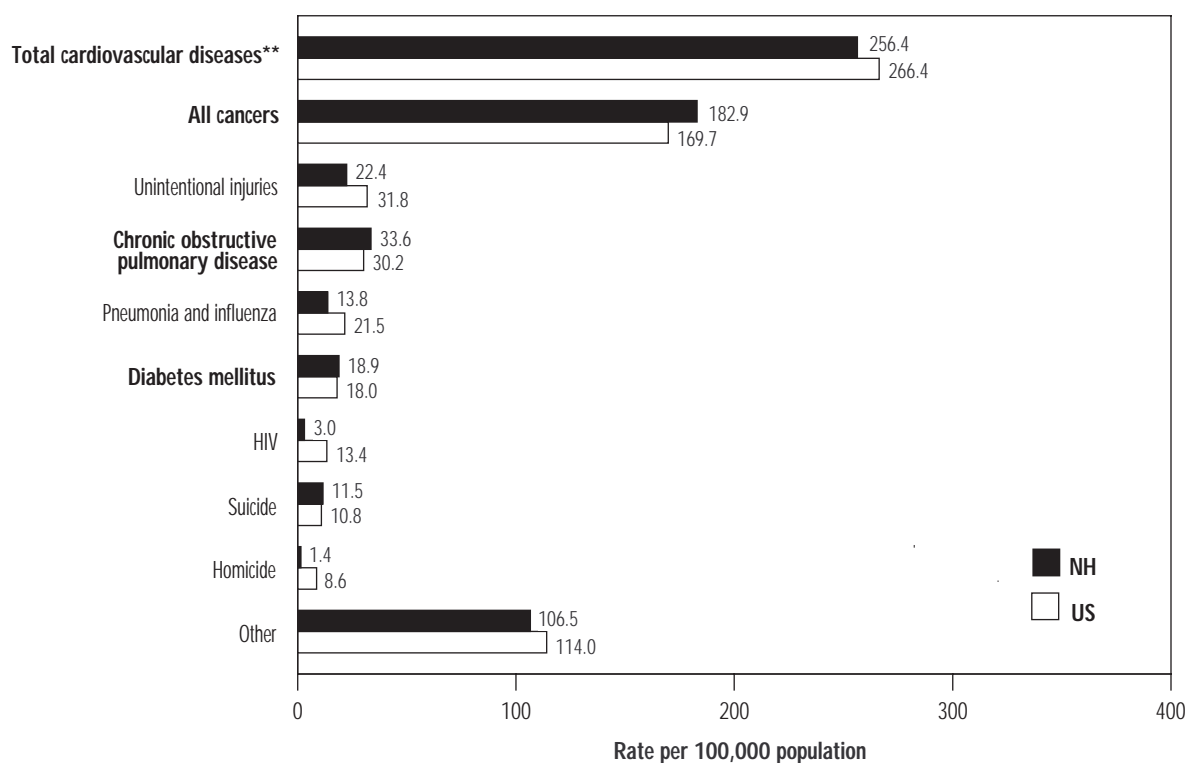


# New Hampshire: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in New Hampshire, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is fifth.
- In 1995, 75% of all deaths in New Hampshire were due to the four most common chronic disease causes of death.
- The death rates for all cancers, chronic obstructive pulmonary disease, and diabetes were higher in New Hampshire than in the United States; the death rate for total cardiovascular diseases was lower.

**Causes of Death, New Hampshire Compared With United States, 1995\***



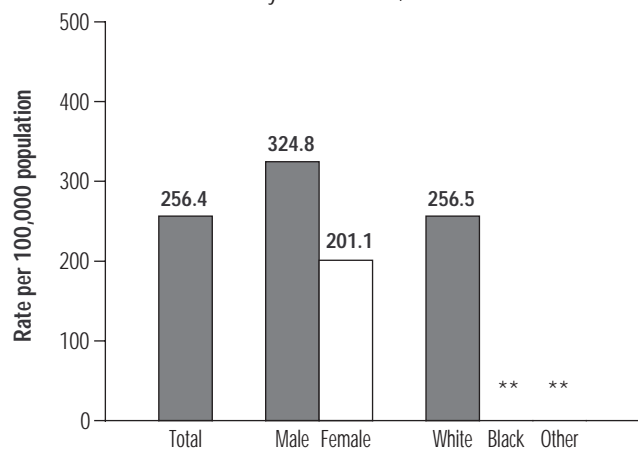
\*All data are age adjusted, 1970 total U.S. population.

\*\*Total cardiovascular disease death rates include rates of death due to ischemic heart disease (133.9 per 100,000 in New Hampshire and 135.2 per 100,000 in the United States) and rates of death due to stroke (39.6 per 100,000 in New Hampshire and 42.5 per 100,000 in the United States).

# New Hampshire: Cardiovascular Diseases

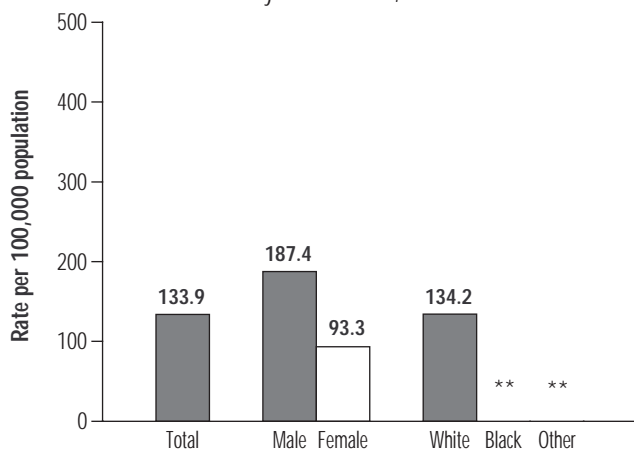
- Total cardiovascular diseases are the most common cause of death in New Hampshire, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 52% of all cardiovascular disease deaths in New Hampshire in 1995; 1,993 people in New Hampshire died of ischemic heart disease.
- In 1995, 634 people in New Hampshire died of stroke.

**New Hampshire: Total Cardiovascular Disease Death Rates**  
By Sex and Race, 1995



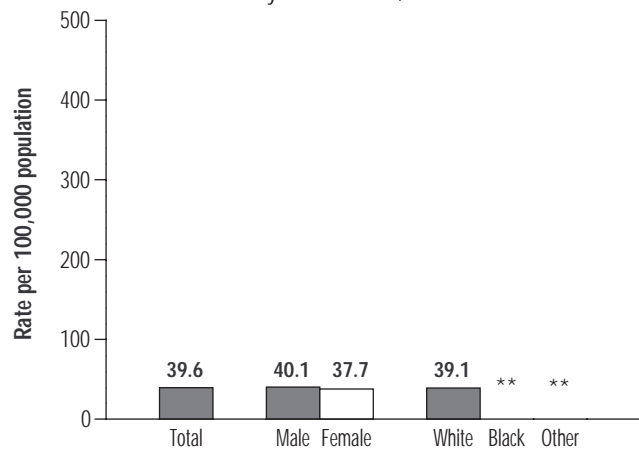
\*\*Too few numbers to analyze.

**New Hampshire: Ischemic Heart Disease Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**New Hampshire: Stroke Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

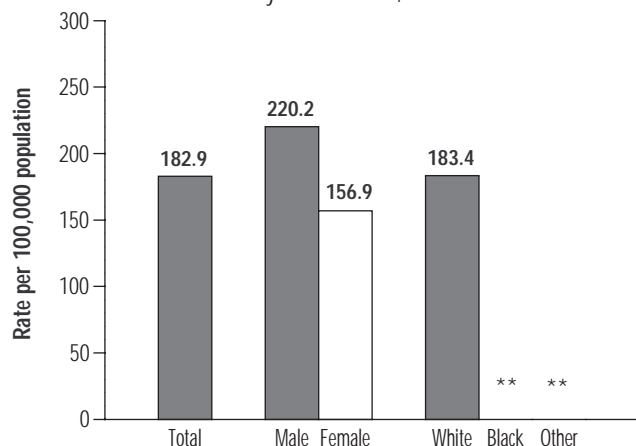
Note: All data are age adjusted, 1970 total U.S. population.

# New Hampshire: Cancer

- Cancer accounted for 28% of all deaths in New Hampshire in 1995; 2,356 people in New Hampshire died of cancer.
- In New Hampshire in 1995, 650 people died of lung cancer, 275 people died of colorectal cancer, and 173 women died of breast cancer.

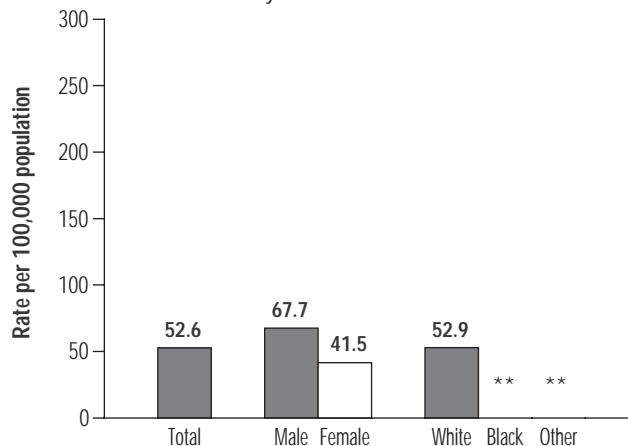
- The American Cancer Society estimates that 800 new cases of lung cancer, 580 new cases of colorectal cancer, and 960 new cases of breast cancer will be diagnosed in New Hampshire in 1997.

**New Hampshire: All Cancer Death Rates**  
By Sex and Race, 1995



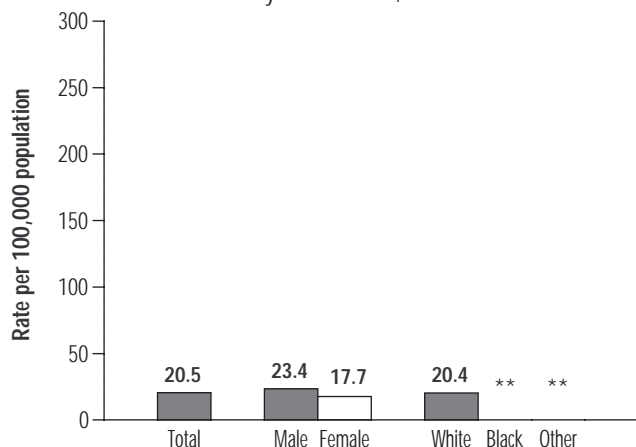
\*\*Too few numbers to analyze.

**New Hampshire: Lung Cancer Death Rates**  
By Sex and Race, 1995



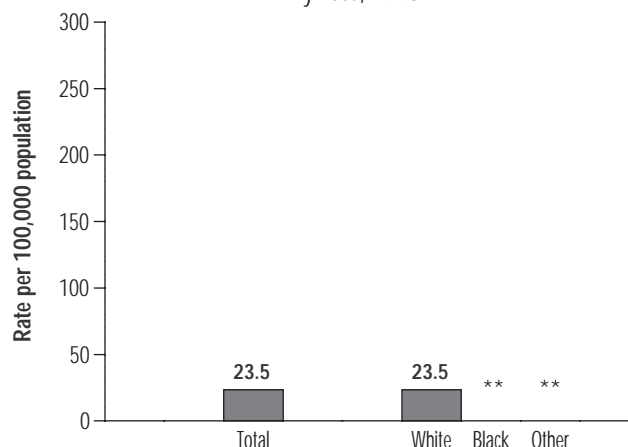
\*\*Too few numbers to analyze.

**New Hampshire: Colorectal Cancer Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**New Hampshire: Breast Cancer Death Rates Among Women**  
By Race, 1995



\*\*Too few numbers to analyze.

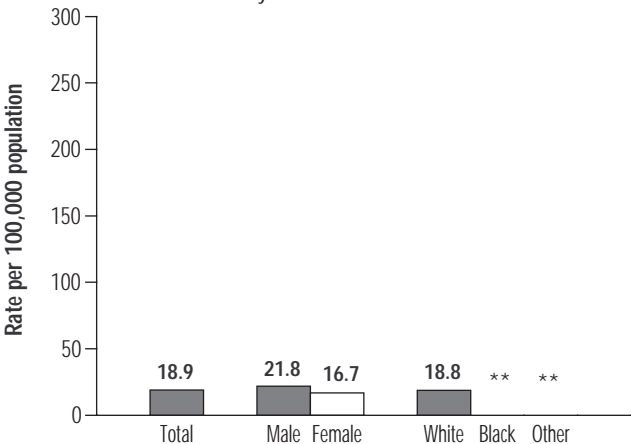
Note: All data are age adjusted, 1970 total U.S. population.

# New Hampshire: Diabetes

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- In 1994, 37,665 adults in New Hampshire had diagnosed diabetes.
- Diabetes was the underlying cause of 260 deaths in New Hampshire in 1995.
- In 1993, diabetes was the most common contributing cause of 42 new cases of end-stage kidney disease in New Hampshire.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

**New Hampshire: Diabetes Death Rates**  
By Sex and Race, 1995

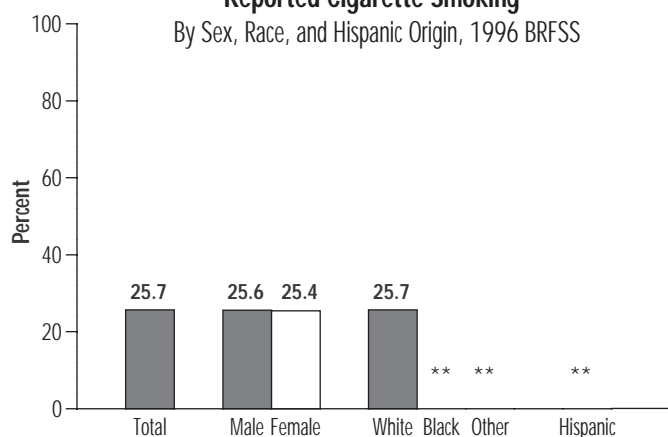


\*\*Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

# New Hampshire: Risk Factors

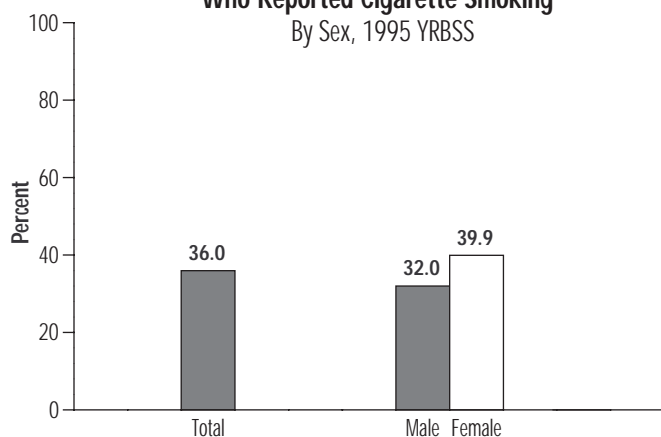
**New Hampshire: Percentage of Adults Who Reported Cigarette Smoking\***  
By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*Ever smoked at least 100 cigarettes and now smoke every day or some days.

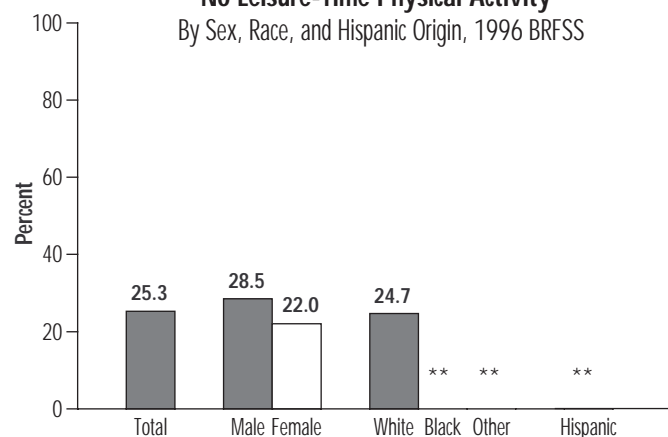
\*\*Too few numbers to analyze.

**New Hampshire: Percentage of High School Students Who Reported Cigarette Smoking\***  
By Sex, 1995 YRBSS



\*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

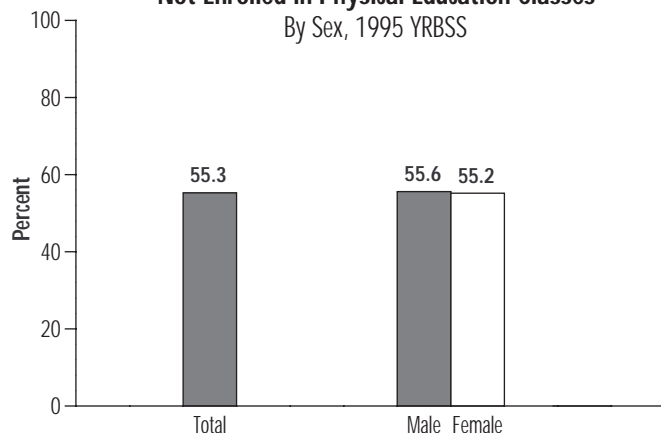
**New Hampshire: Percentage of Adults Who Reported No Leisure-Time Physical Activity\***  
By Sex, Race, and Hispanic Origin, 1996 BRFSS



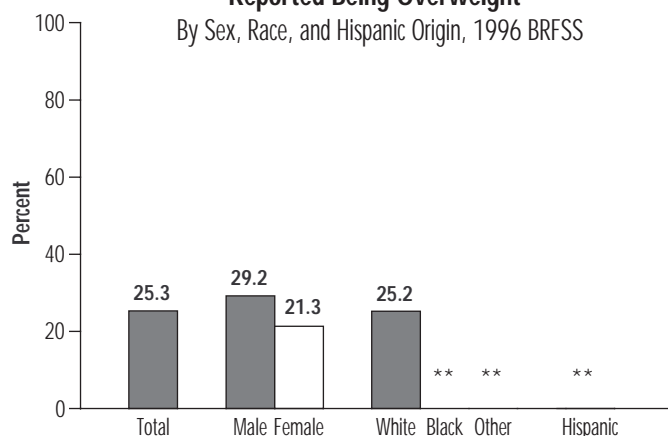
\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

\*\*Too few numbers to analyze.

**New Hampshire: Percentage of High School Students Not Enrolled in Physical Education Classes**  
By Sex, 1995 YRBSS



**New Hampshire: Percentage of Adults Who Reported Being Overweight\***  
By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*Body mass index  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.

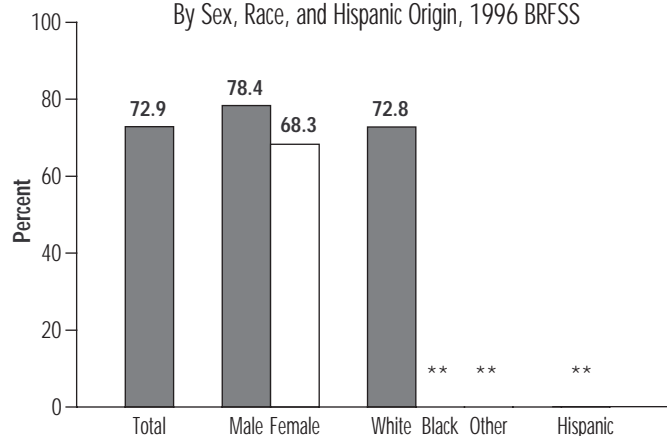
\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

# New Hampshire: Risk Factors

**New Hampshire: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day**

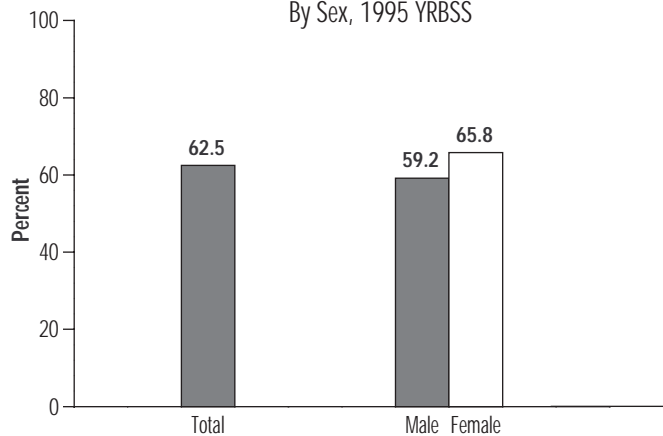
By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**New Hampshire: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey**

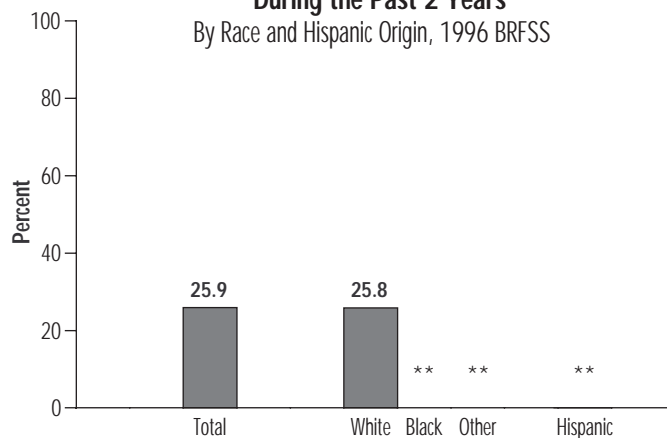
By Sex, 1995 YRBSS



# New Hampshire: Preventive Services

**New Hampshire: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years**

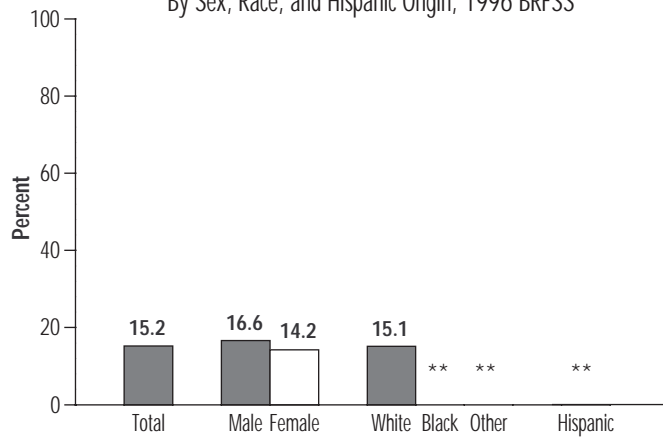
By Race and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**New Hampshire: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance**

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.